

Estote Fideles



1963



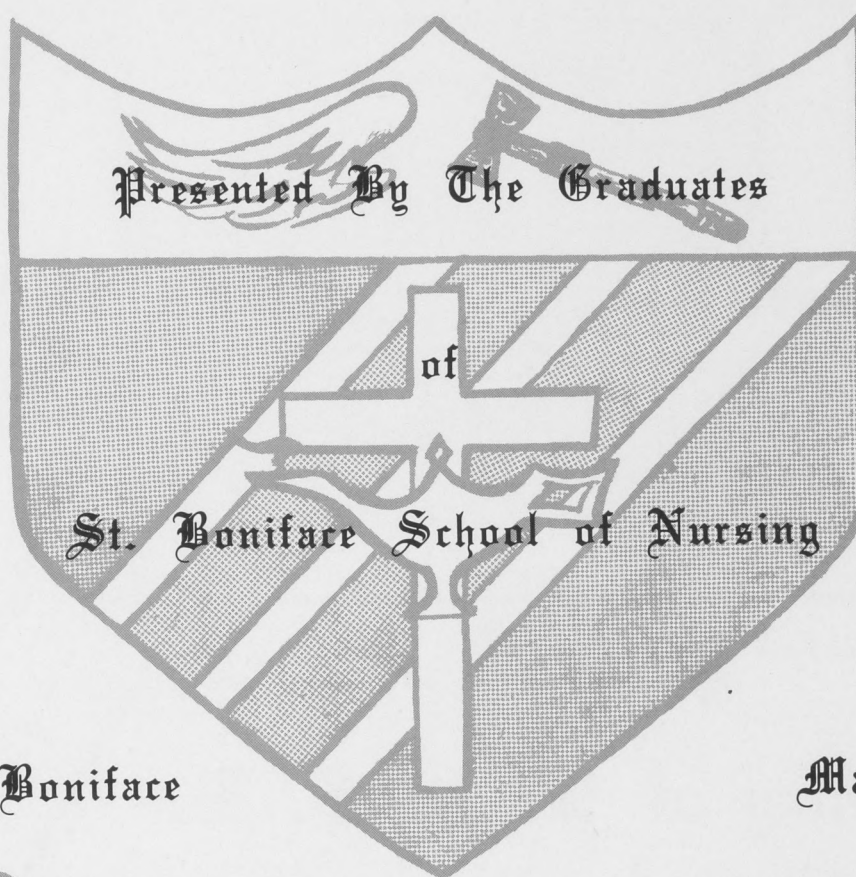


W. H. H. H.
..

JUNE 1963 .

1963

Estote Fideles



St. Boniface

Manitoba





The first St. Boniface Hospital

The Story of S. B. G. H.

The St. Boniface General Hospital was founded in 1871 by the Grey Nuns of Montreal, and was the first Hospital to be established in Manitoba. The foundresses, four Grey Nuns, arrived in 1844 and their first contribution to the Community welfare of Manitoba was home nursing.

The small four-bed wooden Hospital built in 1871 expanded in the years 1877, 1896, 1905, 1928 and 1954 and became the St. Boniface General Hospital of today with a capacity of 700 beds. During the year 1962 the Government of Manitoba approved plans for an extension to the existing Hospital, including:

1. The construction of a 250 bed Hospital for extended care and treatment.
2. An addition to the south wing of the Hospital to include 30 maternity beds and an expanded area for diagnostic and therapeutic services.
3. An extension to the present Out Patient Department.

The St. Boniface General Hospital School of Nursing was established in 1897 when three students were enrolled. The old wing of the Nurses' Residence was built in 1924, and a new wing was added in 1954, providing a present overall accommodation for 250 students. Plans are underway for renovation of the old wing and the construction of a gymnasium.

Dedicated to



Mrs. K. De Jong

To one who has ever been: —

- a guide to us
- a friend and counselor
- a leader in school spirit
- an example of professional leadership

In recognition for: —

- your untiring efforts
- your patience with our problems
- and your genuine interest in us all

We dedicate the 1963 ESTOTE FIDELES to you.



STANDING, Left to Right: V. Jurewicz, J. Braun, E. Gimble, I. Dunlop, M. Delorme, J. Halpenny.
SEATED: L. Peters, M. Herman, P. Roney, E. Ward, S. Sowtis, J. Funk, L. Kuntz.

Yearbook Staff

<i>Editor</i>	Eileen Ward
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Class Representatives

1963A	Helen Skull
1963B	Marianne Musick
1964A	Lois Kuntz
1964B	Verna Jurewicz
1965	Diana Sherritt



Editorial

"Estote Fideles"—remain faithful. Remain faithful to what? Three short years ago at the beginning of our training we pondered on these words and wondered what they meant for us. Now, as we stand on the threshold of our professional lives and the door to a rich and rewarding life lies open before us we realize the significance of our school motto.

We have been privileged to receive a training that has prepared us physically, mentally and spiritually to be the leaders of our society and unless we adhere to the high principles and ideals that have been instilled into us and take our rightful place in society we have not "remained faithful".

It is impossible for me to express my gratitude to the countless people who have helped in the preparation of this book and, in wishing next year's staff every success, I can only hope they receive the same co-operation. For it is in this way only that we can progress to even greater accomplishments.

Eileen B. Ward
Editor.



STANDING, Left to Right: S. Trimble, L. Thomas, L. Coyston, L. Randall, N. Strickland, D. Toutant. SEATED: B. Borkowsky, C. Golightly, S. Schiefele, S. Hawrysh, D. Smando, M. Herman, E. Ward.

Student Council

<i>President</i>	Sharon Hawrysh
<i>Vice-President</i>	Doreen Smando
<i>Secretary-Treasurer</i>	Shirley Schiefele
<i>Yearbook Editor</i>	Eileen Ward
<i>Residence Committee Convenor</i>	Doreen Smando
<i>Social Committee Convenor</i>	Myrna Kish
<i>Sports Committee Convenor</i>	Shirley Fisher
<i>Music Committee Convenor</i>	Bernice Borkowsky
<i>Publicity Committee Convenor</i>	Carol Golightly
<i>MSNA Representative</i>	Maureen Herman
<i>President of 1963A</i>	Lynne Coyston
<i>Vice-President of 1963A</i>	Anne Skelly
<i>President of 1963B</i>	Sally Trimble
<i>Vice-President of 1963B</i>	Norma Strickland
<i>President of 1964A</i>	Doreen Toutant
<i>Vice-President of 1964A</i>	Onalee Jobin
<i>President of 1964B</i>	Bernice Borkowsky
<i>Vice-President of 1964B</i>	Linda Thomas
<i>President of 1965</i>	Jeanine Guyon
<i>Vice-President of 1965</i>	Trudy Bonin



President's Message

Time waits for no one! Truer words have never been spoken. We are approaching the completion of three years of formal education in our chosen career and although it has seemed like an eternity at times it has passed by too quickly. As we reminisce, there is much we can be proud of. From time to time we will have faint recollections of failures, sacrifices which had to be made, and misgivings but I know that our reward will outshine these by far. Black band, diploma, and graduation pin represent the past three years and I know that these, along with your Alma Mater will always have a special place in your heart.

We have not come to the end but are at the beginning of our profession. There is so much to do; the sick will always need us, and we have an obligation to keep in step with this ever-changing scientific world of ours. Do not let your ship drift endlessly on the sea of life but guide it to port with your acquired skills.

Good luck to all the graduates. On behalf of the Student Council I would like to extend best wishes to the student body that your years of training will be as wonderful and unforgettable as ours have been.

Sharon Hawrysh.
President.



Father Messier, Father Barclay

Our Chaplains

On behalf of the Student Body thank-you, Father Messier, for the religion classes which you conducted, and the guidance you were so willing to give us, both in class and for personal problems. We may certainly be edified by your constant service to the patients in our hospital.

The Student Body would like to extend its thanks to you, Father Barclay, for the guidance you gave us as director of Sodality and of the Catholic Student Nurses Association but especially for your instruction in Ethics classes. May we follow your example of self-dedication in caring for our patients.

A tribute to



Most Rev. Maurice Baudoux
Archbishop of St. Boniface

Our Archbishop

To The Most Reverend Maurice Baudoux,

We, his humble daughters, student nurses, extend our respectful and sincere wishes of happiness and health, and implore the Holy Spirit to bestow upon him His graces in abundance. We pray his Excellency to deign to accept the expression of our gratitude and humble obedience in this important year of the Ecumenical Council.

The Student Nurses

St. Boniface General Hospital School of Nursing



Reverend Mother Rita Fortier s.g.m.
Provincial Superior

As we approach the completion of our nursing education we look back and realize just how much the Sisters in our hospital have aided us in our chosen vocation. This has been achieved not only through their practical instruction but by their very lives which are truly Christ-like and are dedicated to Him. We thank you, Reverend Mother, for making it possible for us to have the privilege of working with our Sisters.



Reverend Mother Georgette Leduc s.g.m.
Superior General

At this time we wish to express our heartfelt gratitude and thanks to you, Reverend Mother. For it is you, by your example of prayerful confidence and prevailing good spirit which permeates and vivifies the whole order of our Sisters, that enables them to assist us in reaching the ultimate goal of everyone—to promote the greater glory and honour of God. Because you were a Director of Nursing for many years we can very well imagine that the interests of the students and the School of Nursing are dear to your heart.



Sister Lucille Gosselin s.g.m.
Sister Superior

"Dear Lord, teach me to toil and not to crave for rest, to labour and not to seek reward, save that of knowing that I do Thy will."

These simple, prayerful lines we dedicate to you, Sister Gosselin, and we extend our heartfelt thanks, for it was through you and under your expert guidance that these three wonderful years were made possible for us. By planning improvements both in the hospital and the residence you have thereby enhanced our nursing education.



Sister Marie Bonin s.g.m.
Director

My dear Graduates,

Congratulations on this, your Graduation Day! You have attained a threshold of accomplishment of which you are indeed proud. Having been closely associated with you during these three years, we share the happiness which you experience on this day.

As you reminisce today over the past three years, many experiences flicker back into being. There were happy moments, trying ones, all of which developed this maturing process which is part of your nursing education. During these years you also witnessed many changes both in nursing education and nursing service. The concept of teamwork and concurrent teaching were inaugurated and you were made part of these innovations. It is my wish that you will always maintain this open-mindedness, this willingness to cooperate when the beacon of progress bids you to evaluate educational methods or patterns of nursing care in the light of new and forthcoming trends.

A challenging world is facing you. Be prepared, be courageous, be competent to meet the nursing needs of tomorrow. The success of our efforts to provide you with sound Christian principles and a well rounded nursing education does not lie solely in your marks you maintain, nor the diplomas which we offer you. The authentic proof of our success or discrepancy will be revealed five or ten years from now when you have left our institution. Do not be afraid to give yourself completely to your profession. Today's world requires selfless souls to serve suffering humanity or worthy causes to promote progress.

To maintain this ideal of professional maturity and total dedication you will need to seek God in prayer, availing yourself, thereby, of Divine help and guidance to assist you in radiating Christ in your endeavours and your ministrations.

Dear Graduates, we are proud of you and we count upon you!

Sincerely,
Sister Marie Bonin, s.g.m.
Director,
School of Nursing.

The Attending Staff

Dear Doctors,

In this case we need not say "O Lord, make us truly thankful". We are that already, dear Doctors—thankful for your innumerable contributions to the professional education and general advancement of our school.

Throughout our training, you have so willingly shared your knowledge with us and directed us in times when we knew not what to do. Your kindness, patience, and consideration have given us the necessary encouragement to continue along the rugged pathway of these three years. Even your occasional stern command or criticism has led us to greater efficiency as a professional nurse.

A simple "thank-you" seems inadequate, but as we pass from here to unwind the future, we will continue to say "Thank you for all you have shown us and all you have given us in our passing".

President of Medical Staff—Dr. C. W. Hall

MEDICINE

J. F. Hughes

Alvi, A. W.	Matas, J.
Beckstead, J. L.	Martin, J. H.
Bergen, S.	MacLean, J.
Carter, S. A.	Newman, M.
Cera, L. J.	Rogers, A. G.
Coke, L. R.	Rusen, S. D.
Downey, J. L.	Saunders, M.
Fleming, S.	Snidal, D. P.
Ford, K.	Stein, D. H.
Grant, H. C.	Vaisrub, S.
Green, P.	Varnam, G. S.
Lyons, B. H.	

OBSTETRICS AND GYNECOLOGY

R. L. Willows

Earn, A. A.	McCord, W. J.
Friesen, R.	McInnis, A. C.
Mitchell, J. R.	Wall, M. B.

ORTHOPEDICS

W. B. Mackinnon

Barker, W.	Mills, T.
Bigelow, D.	

UROLOGY

E. Stephenson

Vann, E.	Smythe, C.
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PATHOLOGY

F. Burgoyne

Hamonic, M.

RADIOTHERAPY

J. Bennett

Meikle, A. L.

RADIOLOGY

C. W. Hall

Gedgaudas, E.

Wheeler, G.

SURGERY

R. O. Burrell

Barwinsky, J.
Cohen, M.
Goldstein, P.
Goodhand, T.
Greenberg, L.
Hill, N. C.
Hollenberg, J.
Kagan, J.

Besant, D. F.
Coodin, F. J.
Davies, H. L.
Grewar, Q.

Letienne, G.

Bennett, M.
Lambie, R.

Abbott, A. C.
Brock, G.
Ferguson, C.
Gemmell, J.
Guyot, H.
McEwen, D. S.
Pickard, E.
Ranosky, M. J.

Kay, S. K.
Lehmann, M. J.
Molgat, A.
McGoey, James
Parkinson, D.
Rabson, L. R.
Riese, K.

Owens, A.
Weidman, M.
Wylie, K.

McKenty, S.

Milner, R.
Semelka, G.

Richardson, R.
Ross, R.
Sinclair, A.
Sisler, G.
Thomson, A.
Tucker, F.
Walton, R.

PEDIATRICS

A. J. DePape

OPHTHALMOLOGY

R. M. Ramsay

OTOLARYNGOLOGY

M. Pierce

ANAESTHESIA

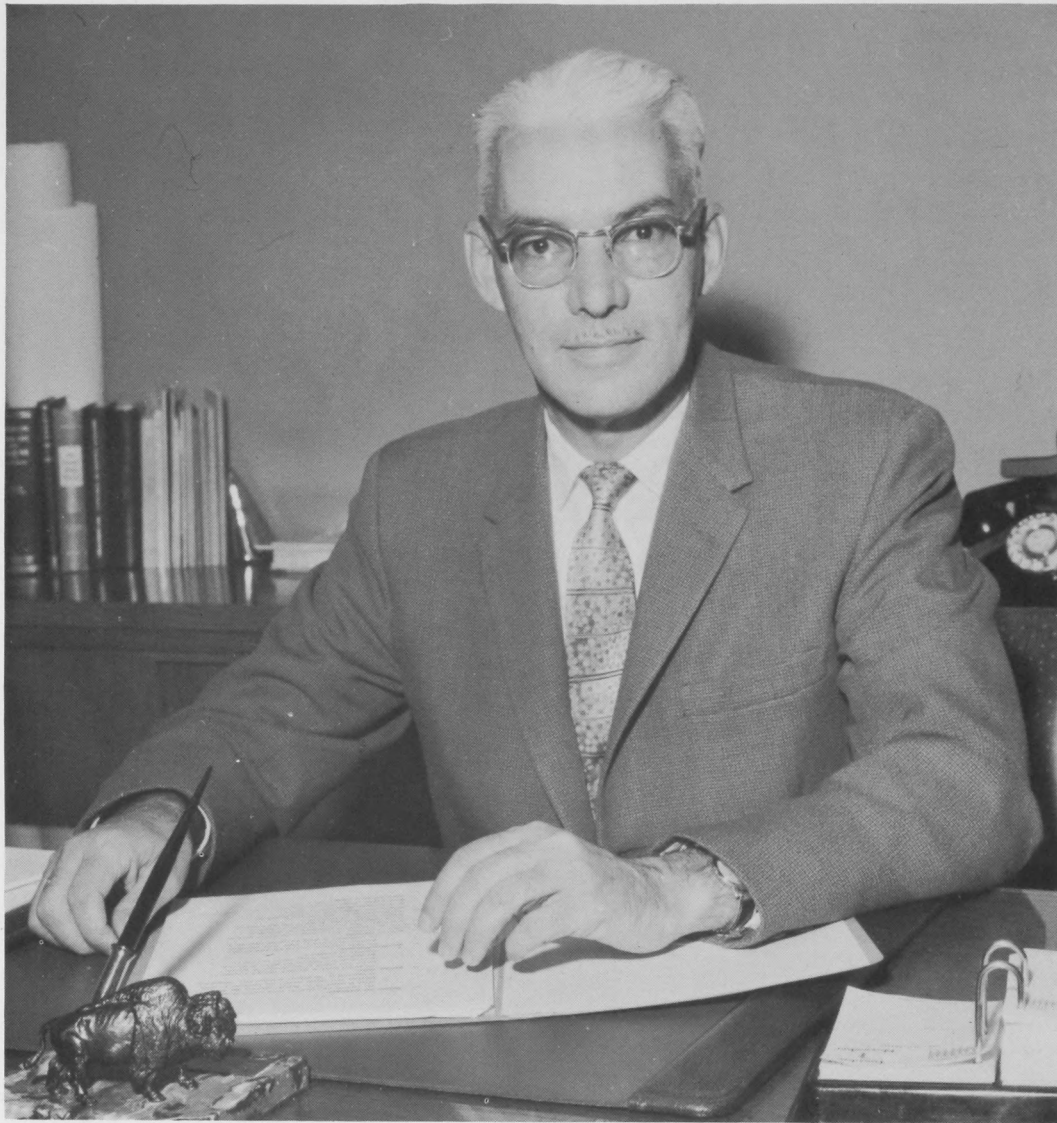
M. Minuck

BIOCHEMISTRY

M. Blanchaer

CONSULTANTS

To Our Medical Director



Dr. Paul L'Heureux
Medical Director

Dear Dr. L'Heureux,

At this time, we the student nurses of St. Boniface General Hospital School of Nursing wish to say "Thank-you"—a small word but one which, we hope, will convey to you our appreciation for the privilege of working in our wonderful hospital.

It is through your guidance and leadership that our hospital has achieved its present high and respected standing and we would like to assure you that wherever we are working we will try to maintain the high standards of patient-centered care taught to us in St. Boniface and remember with respect and affection—our Medical Director.

Greetings from



Mrs. K. De Jong
President

Our Alumnae

Dear Graduates,

It is my privilege to bring you greetings and congratulations on behalf of the St. Boniface Nurses' Alumnae Association. This is your organization, now that you are graduates of St. Boniface General Hospital School of Nursing.

In the years ahead, as you venture into the many branches of nursing, remember that on the second Wednesday of every month you can meet old friends and new at the Alumnae meetings. As graduates you are paid up members of the St. Boniface Nurses' Alumnae Association for one year . . . a gift from your Alumnae. This membership extends from January 1st, 1963 to January 1st, 1964.

As professional nurses a great deal will be expected of you, for the graduate nurse is an important person in this restless, changing world of today. There is no lack of opportunity: you need only the determination and the desire to succeed. Your Alumnae is willing to help you succeed by providing the Sister Clermont Award. This award is for Alumnae members who desire to continue their education in one of the university post-basic courses in nursing, leading to a bachelor's degree. This award is open to applications.

Dorothy Carnegie aptly stated "What you and I think, and what we do, are important in a larger kind of effect upon every other person with whom we have contact."

May the Future hold happiness and contentment for each of you.

(Mrs.) K. De Jong
*President St. Boniface Nurses'
Alumnae Association.*



St. Boniface General Hospital
School of Nursing
St. Boniface, Manitoba

Awards

Medal for General Proficiency
Presented by Dr. D.S. McEwen

To Miss Eileen Ward

Medal for Bedside Nursing
Presented by Dr. M. Rady

To Miss Marcella Sheptack

Medal for Highest Standing in Theory
Presented by Birks Limited

To Sister Stanislaus

Medal for Highest Standing in Religion
Presented by Father M. Messier, Chaplain

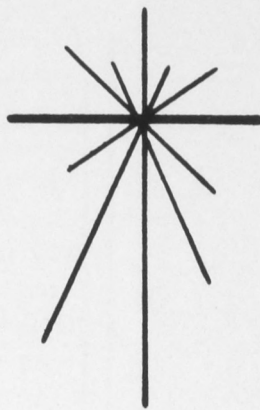
To Miss Patricia Anderson

Medal for Student Leadership
Presented by Dr. Paul L'Heureux

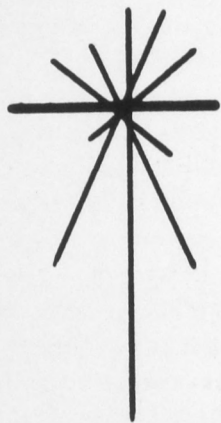
To Miss Lynne Coyston



Medal for Bedside Nursing
Miss Marcella Sheptack



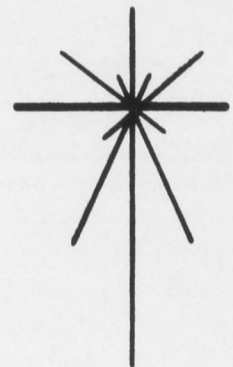
Medal for
Highest Standing in Theory
Sister Stanislaus



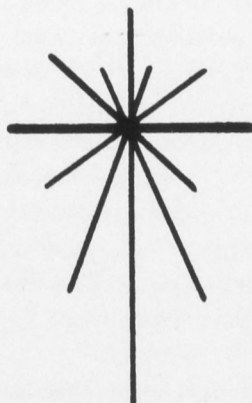
Medal for
Highest Standing in Religion
Miss Patricia Anderson



Medal for General Proficiency
Miss Eileen Ward



Medal for Student Leadership
Miss Lynne Coyston





Miss Sheilagh Goss

Valedictory Address

In the Book of Ecclesiastes we find the words, "To everything there is a season, and a time to every purpose under the heaven." It would seem fitting to say that today, this very precious day, is given to us for the accomplishment of a three-fold purpose. We remember with gratitude as we glance backward in time; the present we receive with humility; and for the future we resolve with sincerity.

It is as though we have reached the end of the first stage of a journey;—one which has lead us to achieve our goal of becoming graduate professional nurses. Yet this end which we have attained today, is only the beginning of our next venture— one of being and living as such.

Our journey, thus far, has taken in time three years to accomplish — and what marvellous years they have been; filled with the education, discipline and experience necessary for us to arrive at this destination. However, as any traveller is aware, the assistance of a great number of persons is essential to the successful completion of even the shortest expedition. As we recall all those who have contributed to our success, initially our minds and hearts are inclined towards our parents and loved ones who are with us today. You have shared these years giving so generously of your love, support and encouragement, constantly and without restraint. You have remained close beside us helping to overcome obstacles and difficulties hindering our progress; assuring and reassuring. In your wisdom, when we needed it, you kept our eyes from trailing the ground — correcting the poor posture of our slumping spirits, exhorting us to lift up our heads from the temporary distractions and see our aims clearly once more.

Today, as we pause, in recollection and realization of all you have done, we offer you our heartfelt, humble and loving gratitude.

For those who venture any distance from people and places familiar to them, there is a great need of guides, protectors, advisors and teachers. The sisters and faculty of the St. Boniface School of Nursing, introduced us to our profession, taught us the skills we require and educated us in the ways of nursing. They have given so much to make this occasion:— Along with our own efforts, they have provided the means to this end.

The sisters, while so admirably and ably directing the School, have given freely of their time to offer us guidance and advice whenever we have had need of it. Apart from fulfilling their duty of mapping the various routes we have taken, they have been for us illustrations of unwavering dedication which has often sustained us in the various dilemmas and confusions assailing us as we travelled.

The faculty have accomplished their difficult tasks; teaching, supervising and helping us in our determined acquisition of knowledge and skill. They have erected warning lights along the road at times, pointing out our errors and omissions, thereby protecting us from further mistake. They have demonstrated in their own lives the qualities we admire and respect.

The medical and nursing staff of the hospital have given us frequent opportunities to add to our small but increasing stores of knowledge and ability.

All of you, in the School and in the Hospital, have influenced our voyage immensely: You have given it colour and warmth, by adding a wealth of interest and charm. Many mysteries you have shown us how to solve while providing us with a time to discover what we are capable of doing. You are the unforgettable and wonderful people we travelled with, and we are so proud to have met you. The feelings of pride and affection with which we shall speak of our School and Hospital in the future will be directed to you — who have worked so steadfastly through the years to shape the image we carry; to you — with whom we have shared such wonderful relationships and associations, and we shall always remember you. It is with deep appreciation and sincere gratitude that we present this acknowledgement of your efforts on our behalf.

Everyone has given so generously to us in the formation of our passport to the future. By their efforts and our own endeavors we have reached this Graduation Day and have received the recognition that we are ready to take our leave For today is the beginning of the next stage in the great journey of life. Yesterday we were students, tomorrow we will be practitioners and in the future we must be the leaders necessary to maintain and

increase the professional status of nursing.

As we step forward, we shall feel the weight of the new responsibility of a graduate professional nurse, including, in many instances, the exercise of judgement for which we have been, in the past, largely dependant upon others. Hopefully we shall carry this responsibility well and with fulfillment; accomplishing our tasks wisely, with efficiency and careful thought. We must be ever-mindful that our obligation embraces the whole of society.

With the passing of time, we will have duties to keep abreast of change and to welcome the knowledge which accompanies it. We will be expected to offer support for improvement and to become further educated, in order that professional progress may continue. Active participation in whatever capacity we are able is essential if we are to maintain an awareness of what is happening in this profession to which we have dedicated ourselves.

The roads we see before us are numerous and differ widely. We hope to possess the foresight and insight to choose the one for which we are best suited; the one in which we shall continue to grow in knowledge, wisdom and spirit; the one in which we shall be of the greatest service.

In conclusion, on this day of remembrance and promise, we are aware that difficulties and problems lie ahead as they did in the past. The horizons of success and achievement may be hidden from time to time by the clouds of despair and disappointment, but while we make efforts and wait for them to pass away, perhaps we would do well to recall these words:

“Go placidly amidst the noise and the haste, and remember what peace there may be in silence.

Speak your truth quietly and clearly; and listen to others, even to the dull and ignorant; they too have their story.

If you compare yourself with others, you may be vain or bitter, for always there will be greater or lesser persons than yourself.

Take kindly the counsel of the years, gracefully surrendering the things of youth.

Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.”



ATEAH, EILEEN
Victoria Beach, Man.

One who has determination to stick to the task and understanding of her fellowman's needs.



BRAUN, NORMA
Lowe Farm, Man.

A nurse whose thoughts, words and deeds, are directed towards helping others.



BULMAN, DEANNA
Winnipeg, Man.

*Dark eyes so gentle and kind
A truer friend one could not find.*



CHEREWICK, SONIA
Fort Garry, Man.

*Kindness and good are both her aim,
Her fine disposition is always the same.*



COYSTON, LYNNE
Winnipeg, Man.

*She has achieved success who has lived well,
laughed often and loved much.*



DECORBY, DIANNE
St. Lazare, Man.

*A cheerful friend is like a sunny day, Which
sheds its brightness on all around.*



DELICHTE, EILEEN
St. Alphonse, Man.

You can never have a greater or less dominion than that over yourself.



DESROCHERS, DENISE
Mareapolis, Man.

Nothing is there more friendly to man than a friend in need.



DICK, ANNE
Elm Creek, Man.

A sympathizing heart is sprung of sure water that carries gladness and joy on every ripple of its sparkling current.



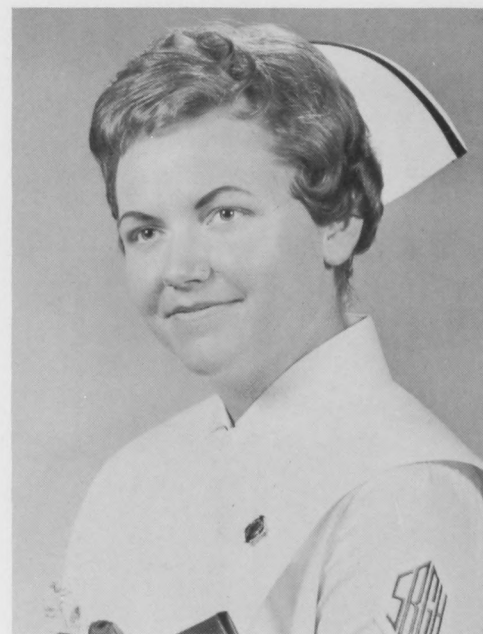
ENNS, ERNA
Sperling, Man.

It isn't what we do, but what lies within us, that gives up the contentment of a life well lived.



FISSETTE, MARIE-JOSEPHE
La Broquerie, Man.

*Small in nature, big in heart,
Always willing to do her part.*



FRIESEN, ELVERA
Vauxhall, Alberta

Yesterday is already a dream and tomorrow only a vision, But today well lived, makes every yesterday a dream of happiness and every tomorrow a vision of hope.



GOSS, SHEILAGH
Winnipeg, Man.

*"... whose thread of life is strong with
beads of thought and love."*



INGALDSON, HELEN
Neepawa, Man.

*To be a little kinder with the passing of each
day,
To leave but happy memories as I go along
my way.*



JOHNSON, INA
Dauphin, Man.

*Understanding is a well-spring of life
Unto him that bath it.*



LeBLANC, SIMONE
St. Vital, Man.

*A faithful and good servant is a real godsend;
But truly 'tis a rare bird in the land.*



LEFTERUK, DIANA
East Selkirk, Man.

*Always a smile, never a tear;
She sheds her light to all she comes near.*



McARTHUR, JANICE
Dryden, Ont.

*Through love to light!
O wonderful the way
That leads from darkness
To the perfect day.*



McNIVEN, ELEANOR
Hamiota, Man.

*Her warm heart and shining smile
Make her a friend who is worthwhile.*



NASH, BETSY
Victoria, B. C.

*She sows courtesy and reaps friendship,
Plants kindness and gathers love.*



NORMANDEAU, YVONNE
St. Boniface, Man.

*All that we send into the lives of others
Comes back into our own.*



PLISCHKE, MARIANNE
Winnipeg, Man.

*There never was any heart truly great and
generous, that was not also tender and com-
passionate.*



QUIRING, ELFRIEDA
St. Boniface, Man.

*Then give the world the best you have,
And the best will come back to you.*



REMPEL, HERTHA
Carman, Man.

*There are hundreds of languages in the
world, But a smile speaks all of them.*



RERIE, ELAINE
Winnipeg, Man.

*Be she with that goodness blessed,
Which may merit name of Best.*



ROGERS, MARILYN
Winnipeg, Man.

*Begins each day with friendly thoughts,
And as the day goes on
Keeps friendly, loving, good and kind,
Just as she was at dawn.*



SHAW, RUTH
Winnipeg, Man.

*Her ways are ways of pleasantness and all
her paths are peace.*



SHEPTACK, MARCELLA
Erickson, Man.

*What wisdom can you find that is greater
than kindness.*



SKELLY, ANNE
Winnipeg, Man.

*Happiness, freedom and peace of mind are
always obtained by giving them to someone
else.*



SKULL, HELEN
Winnipeg, Man.

*. . . both true, both wise, and both delightful
too!
And good as guardian angels are.*



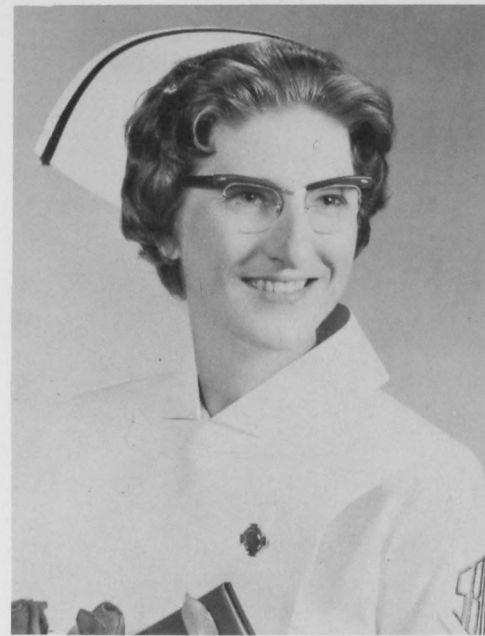
SLIMMON, DAWNA
Winnipeg, Man.

*A treasure of warmth and kindness,
Entwined in a heart so true.*



SMITH, MARION
Reston, Man.

*Gifted of mind, bright of spirit
Calm and courageous, yet full of mirth.
A friend so true and one of worth.*



SMITH, RUTH
The Pas, Man.

*The heart that serves, and loves and clings,
Hears everywhere the rush of angel's wings.*



VOTH, GERTRUDE
Winnipeg, Man.

*A sincere heart, a cheerful smile and a willing
hand are attributes everyone appreciates.*



WIEBE, HELEN
Gretna, Man.

*Too low they build, who build beneath the
stars.*



WIRTZ, MARILYN
Wadena, Sask.

*Dark of hair and flashing eyes,
Spirit bright and always wise.*



WRIGHT, NORAH

A loving lass who grows in worth, wit, wisdom and sense.

Class of 1963 *B*



SISTER GLORIA

I have come amongst you to serve and not to be served.



SISTER STANISLAUS

"And she did that which was right in the sight of the Lord."



ACHTEM, MARY GAIL

Victoria, B. C.

*A heart of gold and manner sweet,
With a dash of naughtiness made her complete.*



ANDERSON, PATRICIA

Winnipeg, Man.

Those who bring sunshine to the hearts of others cannot keep it from themselves.



ANDREWS, RETA
Russell, Man.

*Beauty, strength, youth are flowers but fading
seen,
Duty, faith, love are roots and evergreen.*



BELOT, YVONNE
Winnipeg, Man.

*The reason firm, the temperate will,
Endurance, foresight, strength and skill.*



BOULANGER, IRENE
Winnipeg, Man.

*A quiet maiden with soft brown eyes,
Binds her friendship in unbreakable ties.*



BOURGOQUIN, JEANNE
Winnipeg, Man.

*And more than wisdom, more than wealth,
A merry heart that laughs at care.*



BOWN, BARBARA
Winnipeg, Man.

*Little deeds of kindness, little words of love,
Help to make earth happy, like Heaven above.*



BULGER, MAUREEN
St. Lazare, Man.

*A kind heart is a fountain of gladness, mak-
ing everything in its vicinity freshen into
smiles.*



COWAN, JANYS
Winnipeg, Man.

The hand that bath made you bath made you fair.



DECOSSE, DIANE
Somerset, Man.

*She's full of spice and lots of fun,
Who keeps hearts moving on the run.*



ENNS, IRMGARD
Winnipeg, Man.

*In her head wisdom lies,
And genuine friendship in her eyes.*



FALK, ERNA
Winnipeg, Man.

*Wholehearted, happy, friendly and free,
She lives her life out joyously.*



FALLOON, JOAN
Birtle, Man.

*That best portion of a good man's life,
His little, nameless, unremembered acts of
kindness and of love.*



FUNK, BETTY
Winkler, Man.

*She doeth little kindnesses
Which most would leave undone.*



FUNK, JAN
Winnipeg, Man.

*Who is that says most, which can say
More than this rich praise?
That you alone are you.*



GAUTHIER, PAULETTE
Antler, Sask.

*Made of wisdom and of fun,
Forever neat and bright as the sun.*



GILLIS, JOAN
Baldur, Man.

*Always laughing, never sad.
Sometimes naughty, never bad.*



HALL, DOLORES
Ericson, Man.

*Small flowers and grass and furry moss
Grow round your islet, you toss
Bright showers upon it in your play;
It is your pleasant familiar way.*



HAWRYSH, SHARON
Dauphin, Man.

*It's the little people, strong as steel
Who keep this world on an even keel.*



HERMAN, MAUREEN
Arcola, Sask.

*A friend is a person with whom I may be
sincere,
Before Maureen I may think aloud.*



HUTTON, HELEN
Onanole, Man.

*If I can stop one heart from breaking,
If I can ease one life the aching, or cool one
pain,
I shall not live in vain.*



JACKSTEIT, GERTRUDE
Winnipeg, Man.

*Lord, grant to me a quiet mind,
That trusting Thee, for thou art kind,
I may go on without a fear,
For Thou, My Lord, art always near.*



JOHNSON, JOYCE
Ericson, Man.

*Tender, efficient, and full of fun,
Truly a friend to everyone.
In her smiling eyes of blue,
Shines a sincerity, genuine, true.*



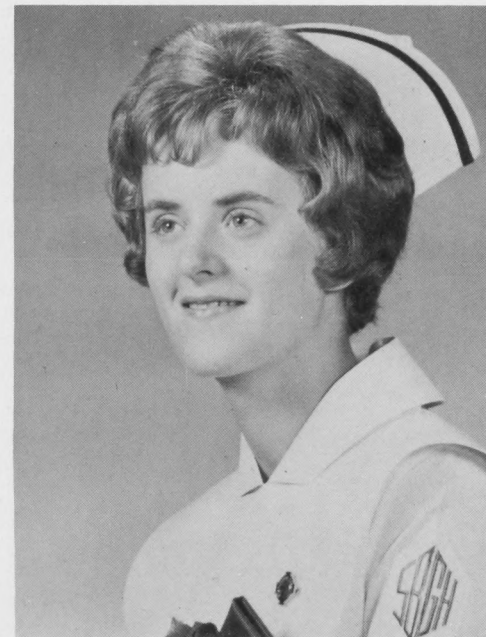
JOHNSTON, BARBARA
Winnipeg, Man.

*Friendship . . . a smile among dark frowns,
A gentle tone among rude voices, a beloved
light,
A solitude, a refuge, a delight.*



JOY, BARBARA
Winnipeg, Man.

*Her heart has hidden treasures in secret kept,
in silence sealed,
The thoughts, the hopes, the dreams, the
pleasures,
Whose charms were broken if revealed.*



JOYCE, BEVERLEY
Winnipeg, Man.

*Give me a sense of humour, Lord
Give me the grace to see a joke
To get some happiness out of life,
And pass it on to other folk.*



KAMMERMAYER, LUCILLE
Langenberg, Sask.

*With gentle yet prevailing force,
Intent upon her destined course.*



KEIL, SHARON
Winnipeg, Man.

*Flowers spring to blossom where she walks
The careful ways of duty.
Our hard, stiff, lines of life with her
Are flowering curves of beauty.*



KISH, MYRNA
Portage La Prairie, Man.

*Here's a girl you'd like to meet,
Personality that can't be beat.
Always laughing, always gay,
We wish her success in every way.*



LACHANCE, MARCELLA
St. Eustache, Man.

*True to her word, her work and friends,
She is one on whom we could always depend.*



LEGER, LORRAINE
Winnipeg, Man.

*Dark of hair, flashing eyes,
Mischievous look she can't disguise.*



LEVENICK, KAREN
Souris, Man.

*For the flower of human friendship dwells
forever in the shrine of the human heart.*



LOWEN, DOROTHY
Winnipeg, Man.

*The secret of happiness is not in doing what
one likes, but in what one does.*



McLEAN, JUDITH
Birtle, Man.

*We have learned to love her quiet ways
And wish her luck in all her days.*



MORRICE, PATRICIA
Broadview, Sask.

*Not grave through pride or gay through folly,
An equal mixture of good humour
And a sensible soft melancholy.*



MUSICK, MARIANNA
Winnipeg, Man.

*For there is always work, and tools to work
withal,
For those who will.*



NEILSON, MARLENNE
Erickson, Man.

*Thy way is perfect, only let that way
Be clear before my feet from day to day.
Long is the way, and very steep the slope
Strengthen me once again, O God of Hope.*



PILEK, JEANNETTE
Winnipeg, Man.

*In regard to size, you need fear no alarm,
When you shorten the figure, you lengthen
the charm.*



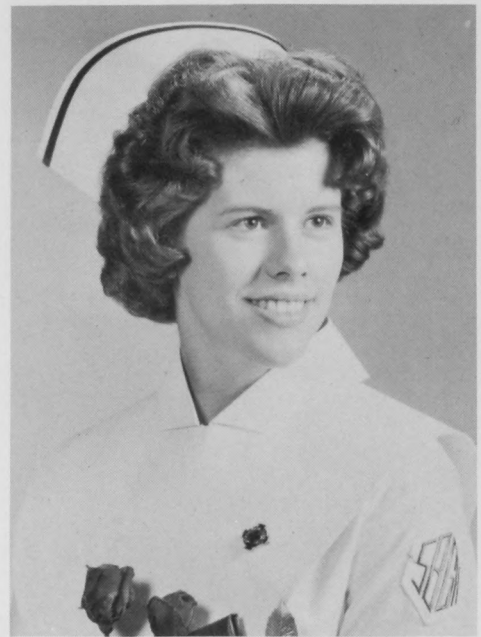
PRIOR, DOROTHY
Portage La Prairie, Man.

*As a friend she's swell,
As a nurse she's great,
And with the patients, she's in top rate.*



RICHMOND, ELAINE
Winnipeg, Man.

How far this little candle throws its beam.



RONEY, PATRICIA
Souris, Man.

*How can I paint thee as thou art?
With such sparkling eyes and so warm a
heart.*



SCHIEFELE, SHIRLEY
Flin Flon, Man.

*God give me sympathy and sense
And help me keep my courage high.
God give me calm of confidence
And please, a twinkle in my eye.*



SMANDO, DOREEN
Selkirk, Man.

*One who sows good nature reaps good friend-
ship.*



SOWTIS, SHARRON
Brandon, Man.

*Charm strikes the sight
But merit wins the soul.*



STRICKLAND, NORMA
Minnedosa, Man.

*Her twinkling smile and kindly eyes
Proclaim to all a friend worthwhile.*



TRIMBLE, SALLY
Portage La Prairie, Man.

*You have written your name with love and
kindness
On the hearts of those about you.*



WARD, EILEEN
Sheffield, England

*A heart that never hardens,
A spirit that never tires,
And a touch that never hurts.*

A Letter to Mom and Dad

Dear Mom and Dad,

Tonight I have been thinking over the past three years and I could think of no better way to express my gratitude for all you have been to me, than to write this letter.

How much you have meant to me, and how I have grown to realize the sacrifices you have made for me. You were always there with encouraging words and a helping hand and I know I could always turn to you when in doubt and desparity.

Today is Graduation Day and you will be out there in the crowd letting me take all the glory, when you should be there with me, as it is you who deserve most of the credit for this moment.

It seems like only yesterday when I took that first big step. I remember the empty feeling I had when I felt the door close behind me as I entered the first phase of training. But I went forth with confidence as I knew you were beside me to guide me, to give me the support I needed so much. At each new challenge your words would echo in my mind and give me the strength to accept the challenge and conquer it.

When I received my pin you were there in thought as I was officially accepted into the school, as I went up the first rung of the ladder.

The second and third years have slipped by so quickly. I am sure you never knew what to expect—first a letter of woe and despondency, then one of excitement and—I think it was you, Dad, who suffered the most—your pocket book anyway. How you would laugh when I came home and related my many blunders. But you were always there sharing my moods and sympathizing—sometimes scolding but always ready to lend a helping hand.

I sincerely hope that I have justified your pride in me and in the future continue to live up to the standards you have set for me and encouraged me to follow.

Thank you, Mom and Dad, a small word to express the deep appreciation I have for the constant faith, guidance and assistance you have given me. I can only thank God for having two wonderful parents like you.

Your loving daughter.



Miss A. Merlevede assisting Dr. A. Alvi with a physical examination.



Miss L. Bowdler assisting students in the library.



Our secretary, Mrs. D. Smith, in her office.



Who else does so many varied things for us? Mrs. de Montigny and Carmen.





Sr. A. Fleury and Mrs. V. Vermader discussing the curriculum.

The Educational Programme



Miss P. Anderson and parents on entrance day.



Sr. I. Desbiens interviewing a new applicant, Miss Clisby.

Miss G. Stevenson in Microbiology Lab.



First

Mrs. J. Mazur in Nursing Arts Lab.



Miss E. Martin teaching Anatomy and Physiology.



Miss E. Ventura in Nursing Arts.

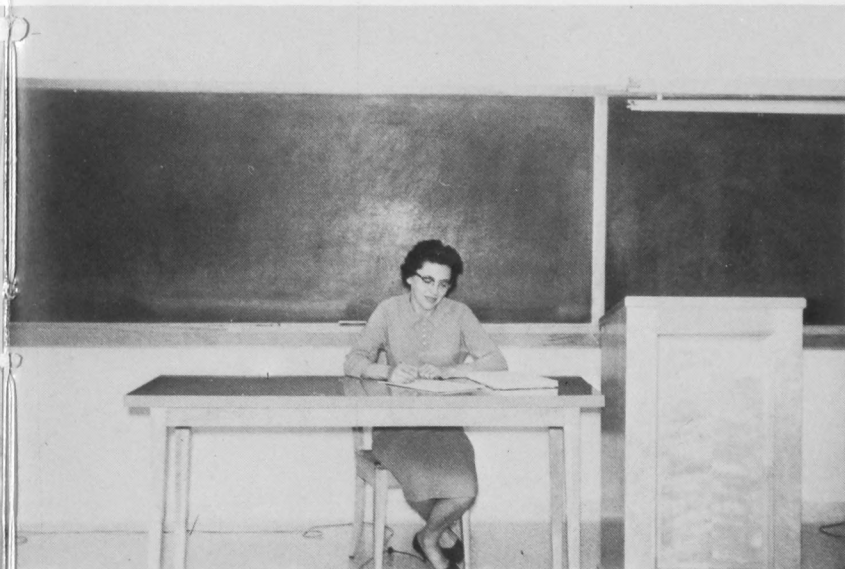




Mr. M. Bonneau with some of his psychology students.

Semester

Professor Dallen with his sociology class.



Mrs. Muldrew before Diet Therapy class.

Mrs. O. Petrie demonstrating in her Personal Improvement course.

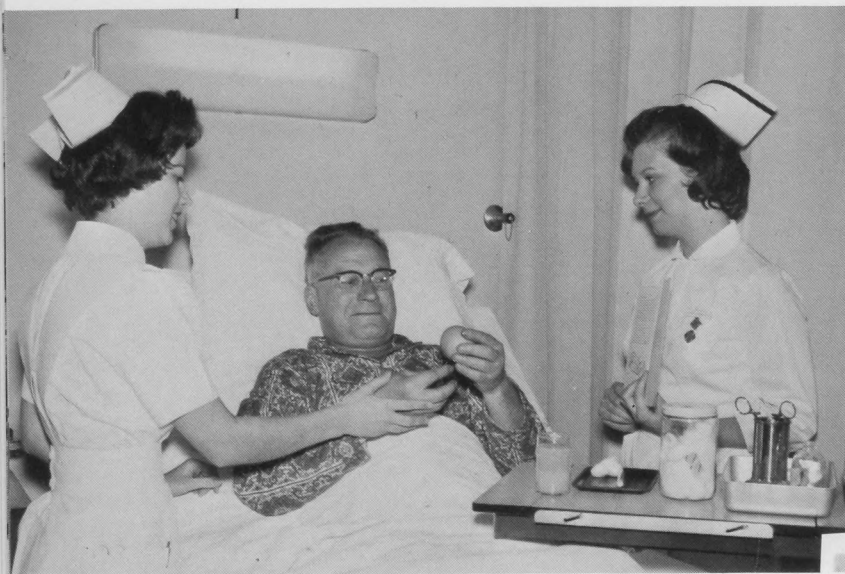


Mrs. O. Derewanko demonstrating insulin administration in the 6A clinic room.



Medicine

Miss L. Shewan and Miss M. Wright teaching the patient on 6A.



Mrs. B. Fairbairn and Miss E. Ateah adjusting the Stryker Frame on 5B.



Miss H. McHale, Mrs. M. Axford and students presenting clinic on 4A.



Miss G. Johnson and Miss L. Arsneault on 5 A.

and Surgery

Sr. Prieux, Mrs. E. Peters and Mrs. H. Black,
receiving patient from P.A.

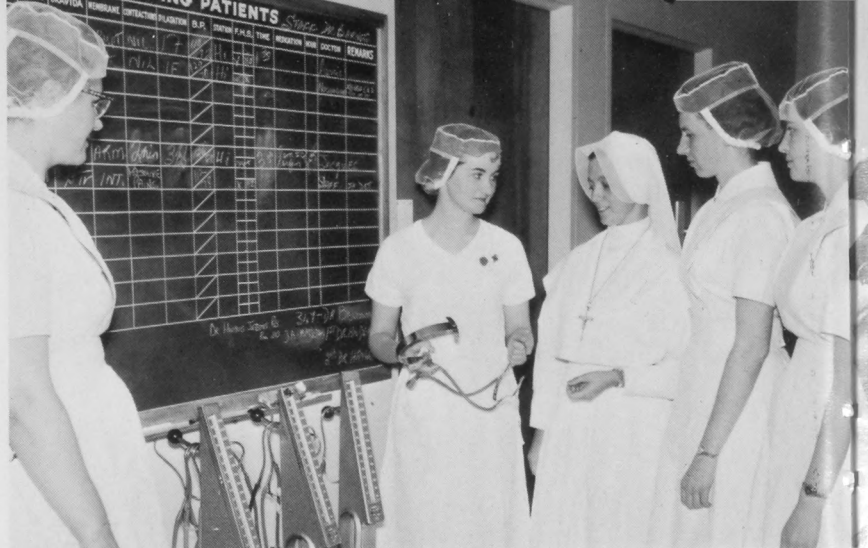


Mrs. E. Carroll demonstrating to a student on
evenings.

Sr. Th. Demas, Mrs. R. Goodwin and Mrs. F.
Stewart receiving night report.



Sister M. Caron and Mrs. E. Colson in the labour rooms.



Second

Miss D. Graham in the Nurseries.

Miss E. Pottinger and students with Dr. and Mrs. Singh on 3-A.



Sister I. Drouin and Miss T. Funk on 5-C.



Sister Th. Isabelle in the playroom on 8-A.

Year

Mrs. H. Lemoine with the students.



Miss F. Konik and Miss L. Hadder.

The Christmas Party on 5-C.



Sr. Y. Daigle with Mrs. E. Wall and Elise at the desk in the O.R.



Third

Mrs. R. Lavitt demonstrating to students in the O.R.



Efficient action in Post Anesthesia.



Miss R. Hoorne and Miss S. Goss in Post Surgery.



Dr. Pierce, Miss F. Erickson and students in E.E.N.T. Nursing class.

Year

Sr. P. Pulvermacher with the portable library.



Sr. L. Arsenault, Miss Boyd and Miss A. Dick on 4C.

Senior students writing National League of Nursing exams.



O. P. D.



Mrs. F. McNaught and Miss J. Constant in the Out-patient's Department.



Diet Kitchen

Emergency





Pharmacy



Laboratory



X-Ray



Front Row, Left to Right: Drs. E. Ting, S. Goldstein, A. Klady, V. Dirnfield, P. Jackson. Second Row: Drs. G. Haywood, M. Anderson, N. Khan, H. Ch'Eng, C. Lau, D. Li. Third Row: Drs. Y. Sung, S. Singh, M. Matko.

The Interns

He comes and goes as the hours drift by.
 Rushing with histories, not another, oh my!
 A bite from the kitchen and he's off again,
 Rx, please nurse, have you seen my pen?
 Blood for 17-4, hurry, nurse, we'll need more.
 Now for the dressing, O what a blessing
 A 12x12 and some telfa will do.
 Peroxides for the wound dear, not for my shoe.
 What! You mean an emergency op? .
 A life's at stake — my notes I must drop.
 Cheer up, folks, her B.P.'s o.k.
 Does that mean, Doctor, I'll be going home today?
 How are you, Madame — miserable chill?
 I'll order some heat and a little white pill.
 Now for some sleep — I'm feeling so tired.
 What's this that's happened — his rifle's backfired?
 Do your best to give him good care,
 One more shoe and I'll be there.



Left to Right: Sr. B. Baumann, Mr. R. White, Sr. E. Plotkins.

A d m i n i s t r a t i o n

N u r s i n g S e r v i c e



Left to Right: Mrs. H. Craning, Miss J. Robertson, Mrs. P. Beeman, Mrs. K. De Jong.

The End of a Nurse's Day

*Four o'clock! And the nurse's work
Was done for another day!
She heaved a sort of tired sigh
And put the charts away.*

*Then sat for a moment and bowed her head
Over the little white desk -
"I wonder," said she to herself, "after all,
Am I really doing my best?"*

*"Perhaps I could have begun the day
With a brighter, cheerier smile,
And answered the lights with - 'Right away'
Instead of 'After a while.' "*

*"And I might have listened with sweeter grace,
To the story of Six's woes;
She may be suffering more, perhaps,
More than anyone knows."*

*"And I might have refrained from the halfway frown,
Although I was busy then,
When the frail little girl with sad blue eyes,
Kept ringing again and again.*

*"And I might have spoken a kindlier word,
To the heart of that restless boy,
And stopped a moment to help him find
The missing part of his toy."*

*"Or perhaps the patient in Eighteen one,
Just needed a gentler touch;
There are a lot of things I might have done
And it wouldn't have taken much."*

*She sighed again and brushed a tear,
Then whispered, praying low,
"My God, how can You accept this day,
When it has been lacking so?"*

*And God looked down -- He heard the sigh,
He saw that shining tear,
Then sent His Angel Messenger,
To whisper in her ear*

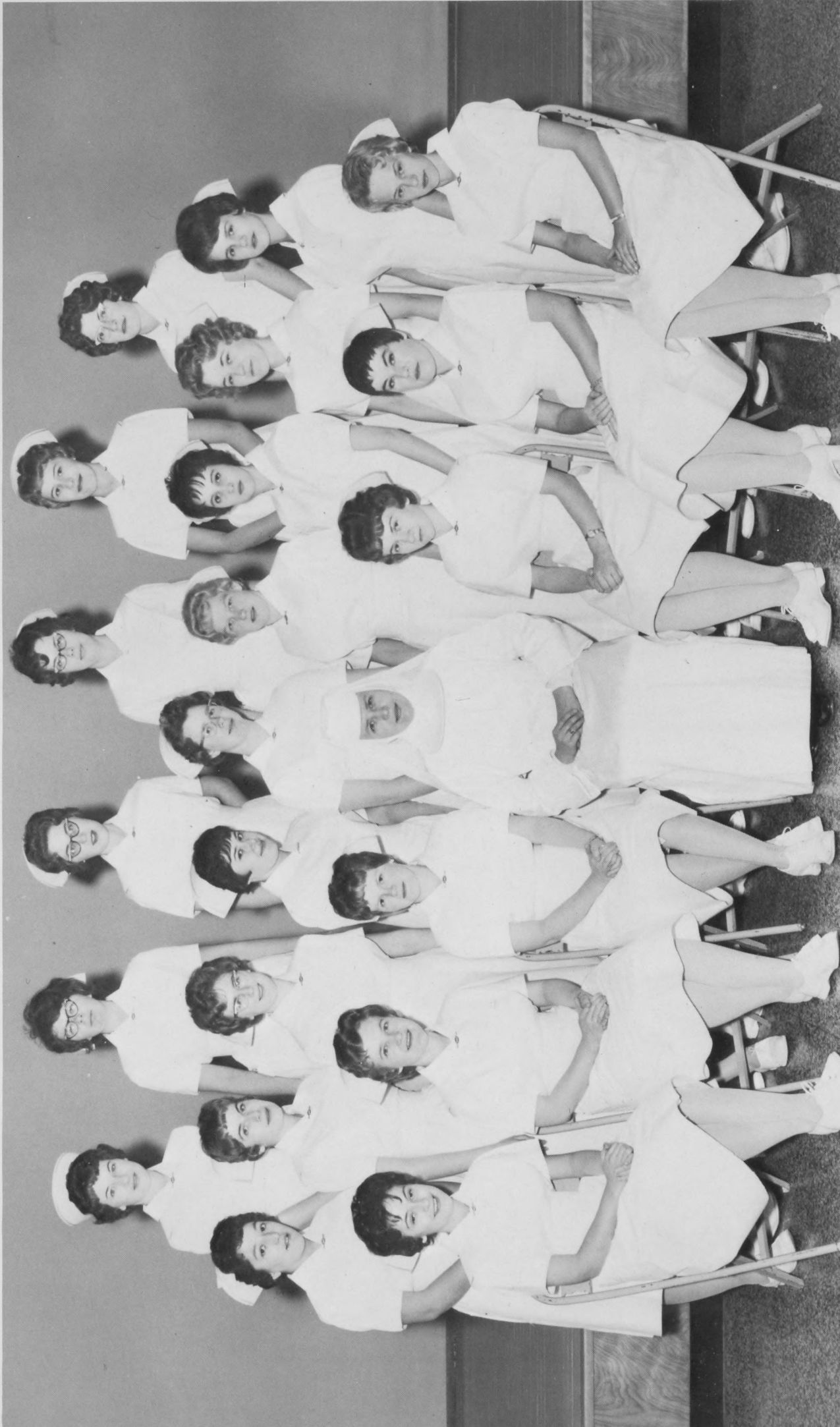
*"You could have done better today,
But, oh! the Omnipotent One,
Seeing your faults, does not forget,
The beautiful things you have done."*

*"He knows, little nurse, that you love your work
In this house of pain and sorrow,
So gladly forgives the lack of today,
For you will do better tomorrow."*

*The nurse looked up with a grateful smile,
"Tomorrow I'll make it right,"
Then added a note in the order book,
"Be good to them tonight."*







Third Row: D. Toutant, D. Gillies, L. Randall, O. Jobin, E. Carter, G. Johnston. *Second Row:* R. Meyers, L. Kuntz, S. Keats, J. Lazaruk, A. Agnew, V. Wiebe, E. Day, D. Copeland, B. Anderson. *First Row:* M. Nick, M. Penner, D. Mitchell, Sister Rose, S. Clark, J. Cowan, L. Lane.

The Yellow Bands

Acts I First Year — Probies and First Year Students

Acts II Second Year — A banded cap at last

Acts III Third Year — The end draws near

Characters in Order of Appearances.

SISTER ROSE — A cheery person with a kind word for everyone she meets and a ready smile and hand for those in need.

REDFERN AGNEW — A talkative redhead whose main interests are her family and a certain person on the West Coast.

BETTE ANDERSON — Vivacious pert and pretty. A girl who bubbles with good will and is a joy to all who know her.

ETHEL MAE CARTER — A lovely smile and dimpled cheeks, an angel in white.

SHARON CLARK — Blue eyes flash with each new smile and hearts are warmed.

DOROTHY COPELAND — Quiet, well sometimes, but always alert for something new.

JO-ANNE COWAN — Rather a non-conformist who bubbles like Lawrence Welk's champagne music.

MYRNA EVANS — Wit, warmth, and serenity.

SHIRLEY FISHER — Gay, always full of laughter and always ready for fun.

WANDA FRIESEN — Fragile and petite, yet willing at all times to lend a helping hand.

WILMA ISELI — Fair of face and raven haired with a winning smile for all.

DIANE GILLIES — A tall slim girl with an infectious giggle whose favourite saying is "Oh what can I do with this hair".

SIMONE JAMEAULT — Still waters run deep and an infectious giggle follows.

ONALIE JOBIN — A sleepy-time girl who hates to get up in the morning and whose favourite expression is "Who me, I'm never late".

GLYNNIS JOHNSTONE — Another "Early riser". Underneath that quiet exterior there is a lot of fun.

SHARON KEATS — She says she's given up men and telephone calls, "But Oh I wish He'd call".

LOUIS KUNTZ — An artist of many talents, paints, men, and "Long Summers".

LILLIAN LANE — Organized confusion combined with sparkling humour and "He's working late at the office again".

JULIANA LAZARUK — "Oh no! Not again". echoes down the hall, guitar music and laughter softly follow.

CAROLE McKINNON — Our answer to Mart Sall who is unsuccessfully trying to be an old maid.

ROSEANNE MEYERS — Dark haired with sparkling brown eyes and an incredulous "Is that right".

DARLENE MITCHELL — A friendly blue-eyed blond who's main ambition is to make her classmates beautiful. Is it possible???

JOAN MONTGOMERY — A gracious smile; a look of wonder in wide blue eyes.

MAUREEN NICK — Jokes, laughter and "Have you heard the one about???".

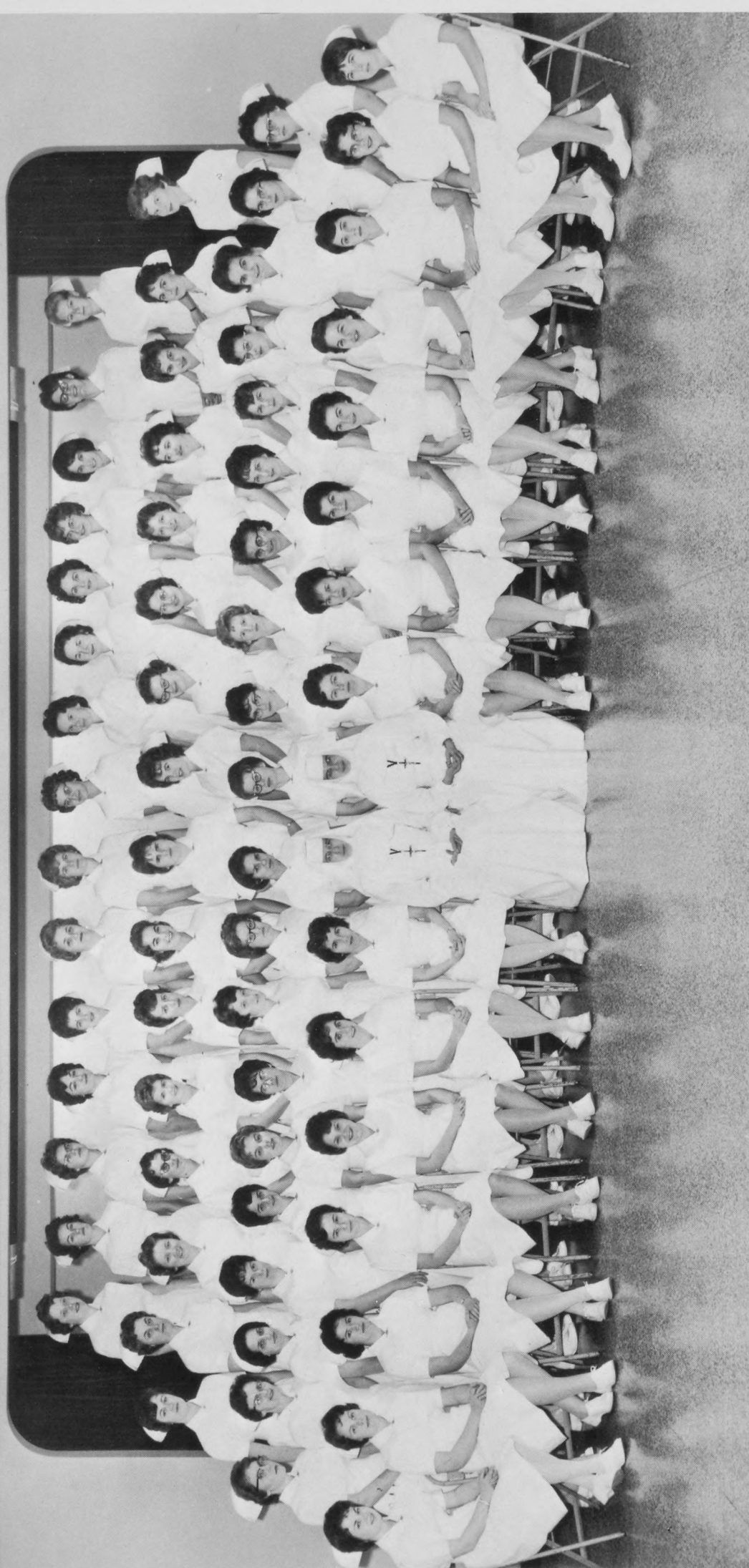
MARJORIE PENNER — Don't be fooled by the gruff exterior for 'neath it shines a heart of gold.

MAY PON — A quiet, shy girl who greatly enjoys creating dishes which are a gourmet's delight.

LEONA RANDALL — Thorough and conscientious in all she does, yet always light of heart.

DOREEN TOUTANT — A travelling girl who attains the best out of life.

VICTORIA WIEBE — A blue-eyed blond??? who can frequently be heard saying "Oh Marge!!!"



Fourth Row, Left to Right: G. Cornthwaite, E. Warman, V. Jurewicz, L. Jasienczyk, K. Bozek, E. Putnins (Mrs.), A. Kazina, M. Kilfoyle, H. Rempel, E. Sokolowski, L. Boulet, L. Wel, S. Coker, F. Hall, C. Golightly. *Third Row:* L. Peters, N. Spriggs, E. Klassen, B. Johnson, L. Killoh, I. Dunlop, G. Smith, L. Ross, M. Pollock, J. Halpenny, J. Sawatsky, B. Janz, L. Vigier, F. Gregoire, N. Graham, E. Petracek. *Second Row:* L. Brewer, M. Enns, J. Rumak,

D. Hill, J. Braun, C. Friesen, L. Bezeau, G. Ross, E. Gimbel, L. Miller, C. Grose, P. Langhan, M. Low, B. Kulicki, B. Lentowicz, L. Prince, L. Walker, B. Borkowski, J. Boyko, D. Lyons. *First Row:* P. Hyde, M. Sims, B. Thorsteinson, L. Raucher, B. Bozynski, M. Jakul, M. Bedard, Sr. Eugenia, Sr. Leona, M. Aune, C. Baczynsky, L. Thomas, M. Delorme, E. Szymanski, D. Camyre, D. Dean, J. Christenson.

The Blue Bands

SISTER EUGENIA — Worst of all wounds is that of the heart.

SISTER LEONA — He who does a kindness is remembered afterward.

MARLYN AUNE — 5' 2" emerald eyed Norwegian lass. Enjoys her work and is always smiling and cheery. Enjoys movies, dancing and long weekends.

CAROL BACZYNSKY — Takes pride in being in the best profession. Always friendly and cheerful to everyone.

MARIE BAREFOOT — 5' 4" blue-eyed brunette. Likes dancing and outdoor sports. Waits for a special letter from home.

MARGARET BEDARD — Petite and dark-haired, care-free and fun-loving, but serious towards her chosen profession.

LIETTE BEZEAU — Is steadfast and speaks her mind emphatically. Sometimes "Flies high"!

BERNICE BORKOWSKY — A great nurse, a swell friend, a sparkling personality. That's Bernice - our class Pres.

LUCE BOULET — There is no man living who isn't capable of doing more than he thinks he can do.

JEAN BOYKO — A smile among dark frowns - a gentle tone among rude voices, a beloved light, a solitude, a refuge, a delight.

KATHLEEN BOZEK — Gay or serious, always a sincere friend.

BEVERLY BOZYNSKI — "There was a man who complained because he had no shoes, until he met a man who had no feet." Charity - that's Bev.

JULIA BRAUN — A pretty young lass, as witty can be, Whose dark eyes light up, at the mention of "he".

LORRAINE BREWER — All that stands between the student and the top of the ladder, is the ladder.

DONNA CAMEYRE — Heart of gold; capable, sweet, as a friend or nurse, She can't be beat.

JOANNE CHRISTENSON — "Don't be carrying around that chip, Wink your eye and curve your lip."

CYNTHIA CLARK — As long as your conscience is your friend, never mind about your enemies.

SHIRLEY COKER — Look for the best in the other fellow you will always find something good.

JACQUELINE CONSTANT — It is better to say something good about a bad man than something bad about a good man.

GWEN CORNTHWAITE — One pound of learning requires ten pounds of common sense to apply it.

BEVERLY COUTTS — There are no hopeless situations; there are only men who have grown hopeless about them.

DENICE DACQUAY — A friendly poised capable nurse who is always willing to do her part.

DOROTHY DEAN — Reflect upon your present blessings, of which all men have many, not on your past misfortunes, of which all men have some.

MARGUERITE DELORME — Quiet and thoughtful she

appears to some, as a dainty little package loaded with fun.

ISABELLE DUNLOP — A girl noted for her visitors and charm, a friend to all in times of alarm.

MARTHA ENNS — The quality of music depends on whether it comes from an empty head or a full heart.

LAURETTE FAUCHER — Wide-eyed optimism and infectious laughter come only in tiny packages.

CATHLEEN FRIESEN — Don't leave an impression bigger than you are. Shadow boxers never score a knockout.

ELLA GIMBLE — Witty, pretty, lots of fun - But when there's work she gets it done.

CAROL GOLIGHTLY — Tall, blonde, with face divine. That describes our Caroline. Pet peeve: her long name. Favorite quote: "I've got split days again."

NANCY GRAHAM — The best way to end a war is not to start it.

FERNANDE GREGOIRE — What is the golden secret behind Fern's quiet, serene, and gentle manner??

JEANNE GRIMARD — Concludes that you can please some of the people all of the time, all of the people some of the time, but never all of the people all of the time.

CAROL GROSE — Her ways are the ways of pleasantness and all her paths are peace.

LORRAINE HADDER — The heart has its reasons which reason cannot know.

FRAN HALL — From Flin Flon comes Frannie Annie, Tall, dark, and friendly.

JO-ANNE HALPENNY — Truth is a thing immortal and perpetual, and it gives to us a beauty that fades not away in time.

DIANE HILL — Our artist of "Summertime". Has interests in Butte. Her amount of vitality is hard to compute.

LINDA HUNT — "Hunter" enjoys reading, painting, and fossil hunting. A real success in her chosen profession.

PATRICIA HYDE — Sojourn in every place as if you meant to spend your life there.

MARILYN JAKUL — Petite redhead who is fun-loving and a friend to all. Favorite hobbies are child psychology and geology.

BRIGETTE JANZ — "How much better it is to weep at joy than to joy at weeping.

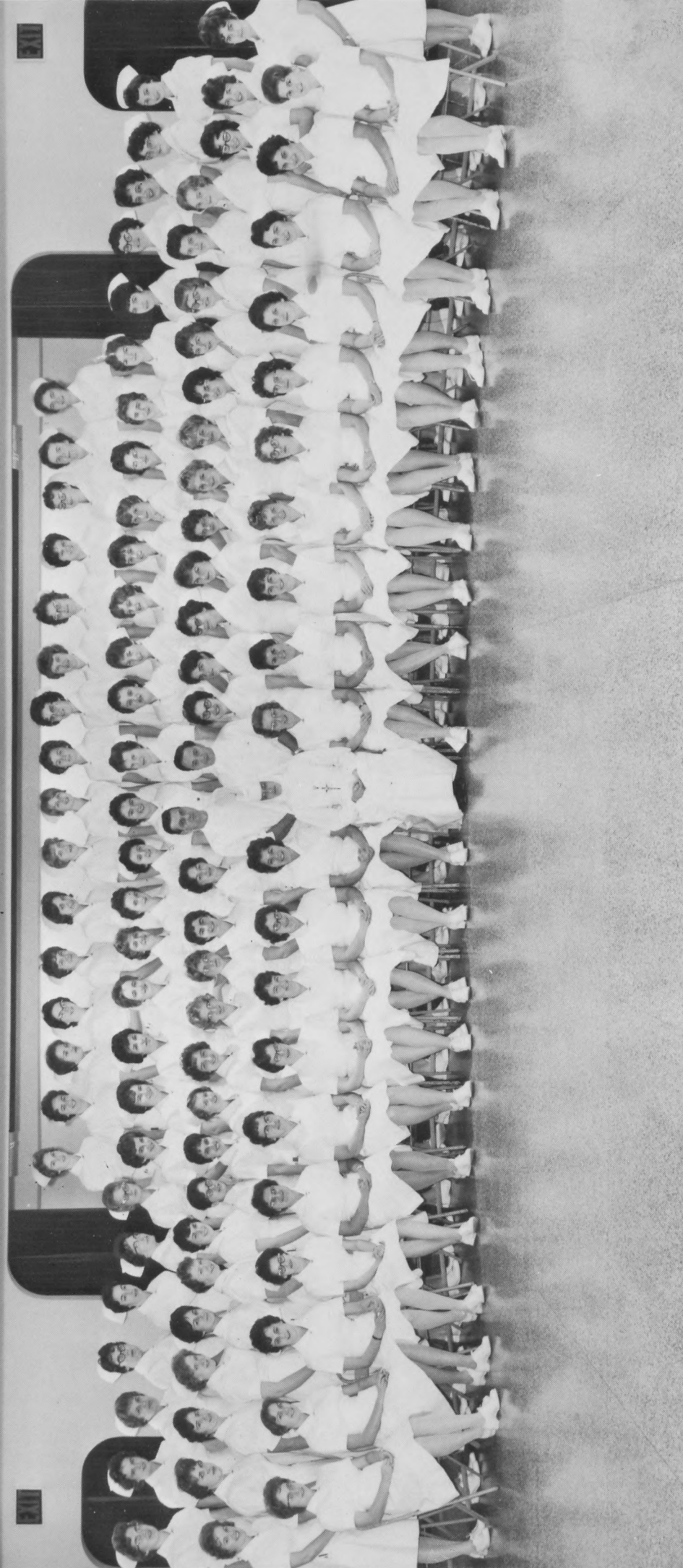
LORNA JASIENCZYK — Fussy; frustration; the call of the desperate duck - at residence. Compassionate, courageous, to no one classed - on wards.

BETTY JOHNSON — True wisdom is to know what is best worth knowing and to do what is best worth doing.

VERNA JUREWICZ — Sincerity, loyalty, laughter too. All constituents of a heart so true.

AUDREY KAZINA — Someone who has always wanted to be a nurse and is one of the best in the profession. Takes her patients to heart.

Continued on page 60.



Fourth Row, Left to Right: A. Foreman, A. Turner, L. Mulaire, D. McDougall, R. Batten, R. Lemoine, T. Barta, I. Sitter, I. Bergmann, J. Cocquyt, J. Huyda, C. Scherloski, M. Soluk, B. McDonald, D. Oryniuk, A. Beyko. *Third Row:* L. Gooda, C. Forrest, S. Elias, B. Higgs, B. Foster, V. Safronet, L. Van Benthem, E. Dumontier, I. Gilinas, R. Dunlop, S. Margetts, V. Poetker, B. Motheral, L. Peeler, L. Labelle, K. Fraser, A. Malmas, M. Gray, C. Brewster, B. Edwards, B. Clisby, E. Wehrle, R. Ripert, L. Riley, B. Ross, J. Curran, R. Beaulieu, T. Abraham, C. Waugh. *Second Row:* F. Pollock, C. Van Wallegghem, C. Found, L. Leite, R.A.

Genik, P. Galbraith, T. Bonin, L. Korchinski, C. Kreller, J. Browning, L. Kostyshyn, C. Born, E. Bergmann, J. Guyon, J. Kubara, D. Pallay, S. Jozsa, M. Johanneck, M. Geesen, N. Hilten, B. Bachinsky, B. Thompson, G. Burns, S. Dwyer, J. Hawrysh, L. Peters, C. Friesen, E. Schroeder, I. Redekopp, J. Rigaux, J. LaPlante, L. Phillips. *First Row:* L. LaRiviere, D. Parsons, B. Stromberg, F. Bauer, W. Gillis, E. Toews, I. Hare, M. Ledoyen, M. Chisholm, C. DePape, Sr. Agnes, G. Shakeshaft, M. Soluk, F. Burak, D. Sherritt, E. Hunter, S. Ronceroy, D. Kuharski, J. Handlon, M. Ruta, L. Hyshka.

The Cap Nurses

JANNIS ABRAHAM — An excellent instructor in explaining the pelvis to the students during review. Also noted for running out in the middle of classes.

BETTY BACHNISKY — Soft spoken Bamberette who commutes between Lyndale Dr. and S.B.G.H. Likes A and P (???) and football.

TRUDY BARTA — Silence is golden, but who cares for riches.

RAE BATTEN — "I see the devil's look and yet cannot help nibbling at his back."

FRANCES BAUER — The light weight from where??? in Saskatchewan, who is also a jay-walker with an affinity for patrol cars.

ROBERTA BEAULIEU — The girl who wants to revolutionize nursing with her own ideas like ... how to put a pillow case on.

ELEANOR BERGMANN — A container too small to keep humour from spilling.

IRENE BERGMANN — One of those who must have fresh air and exercise every, every day.

AMELIA BEYKO — Has a knack for finding trouble or is it that trouble finds her?

CAROLYN BORN — A heart of gold, a manner sweet, with a dash of naughtiness which makes her complete.

CAROLE BREWSTER — Always has a cheery smile and makes a terrific friend.

JOAN BROWNING — A good friend to everyone and is always lots of fun.

FRANCES BURAK — We know the reason for your interest in commerce, but why all those psychology books?

GAYLE BURNS — This future nurse was St. Mary's past Freshie Queen who loves parties. Favorite saying "shot".

MARILYN CHISHOLM — Never a dull moment, never a wasted spare, never a harsh word, when "chiz" is there.

BARBARA CLISBY — To know her is to like her.

JUDY COCQUYT — No it's not true — Judy is not coquettish as her name implies. She is a quiet and genuine person.

CLAUDETTE DePEPE — The girl who gets many phone calls, romantic letters and who has grey matter too.

ESTELLE DUMONTIER — Definitely French with those big blue eyes and intriguing accent.

RHEA DUNLOP — "All the world's a stage....." and Rhea's jovial personality proves it.

SHELAGH DWYER — Who's the puddle maker in the shower room at big G's residence?

BEVERLY EDWARDS — "Laugh and the world laughs with you."

SHIRLEY ELIAS — "Home is where the heart is."

CAROL-ANN FORREST — Carol is a lively student and

terrific in sports. Her favorite pastime is solving "riddles" especially around Warren.

ANN FOREMAN — Known for her sweet tooth — especially for homemade fudge.

BERNICE FOSTER — Blank?? not with those marks, unfortunately not with us in the residence yet.

CAROL FOUND — Can be found in the study hall, at Glee Club of N.C.F. also interested in curling.

KATHY FRAZER — The girl whose second home is the throne.

CAROL FRIESEN — The 5th floor resident whose patter of little feet can be heard by the QUIET 4th floor residents.

MARJORIE GEISEN — A rambling rose from Saskatchewan who holds the record for getting letters.

ROSE-ANNE GENIK — The girl who goes to sleep late dreaming of the future, only to be awakened early in the morning to the sound of an alarm.

WANDA GILLES — The girl with the questioning brain and the friendly smile.

LINDA GOODA — Who is the lucky one whose always going home for weekends.

MARLENE GRAY — A freckled fast-talking bundle of fun whose hearty laugh can always be heard: who is always a true friend.

JEANNINE GUYON — "Sister, where do you get the boys from".

JANET HANDLON — Will success in the future spoil this elegant being? Never.

ISABEL HARE — If it wasn't for those letters from "J", her smile would be quite rare.

JANICE HAWRYSH — Canada's prime source of revenue is derived from the writing paper she uses.

BETTY HIGGS — Our talkative brunette whose pet peeve is dieting.

EVELYN HUNTER — This "Happy Hunter" from Swan River never hears the 6:30 A.M. alarm.

LILLIAN HYSHKA — This short little girl seemed very shy at first, but she has surprised us.

JUNE HUYDA — In the neighbours room June can always be found, with her musical poodle running around.

MARIE JOHANNECK — This girl with the "All American drawl" is Minnesota's loss and Manitoba's gain.

LORRAINE KORCHINSKI — Spends her time at the mail box waiting for a certain letter.

LUBA KOSTYSHYN — "But you know you're not supposed to wear your new slippers in the shower."

DIANE KRELLER — "As fair a maiden as ever trod this earth — a true friend."

JUDY KUBARA — "All right Judy I'll buy eggs for your French toast."

DOREEN KUHARSKI — "I'm so far from everything!" exclaims this isolated miss from the depths of her new room.

JACKIE LaPLANTE — "You better come down from that roof before you fall".

LUCILLE LaRIVIERE — Because she's usually late, she believes the others are always early.

ROBERTA LEMOINE — Demonstrates her housewifely traits as she cleans up 437.

ALMA MALMAS — Quiet on the surface, but we know better — loves music and dancing.

SANDRA MARGETTES — "Kindness is the best garment one can wear in society."

BARBARA MOTHERAL — The innocent look is no disguise, for mischief lurks behind those eyes.

LORRAINE MULAIRE — Our cheerful little French Miss who makes others run to five new for her phone calls! Who's calling by the way?

DIANE ORYNIK — Are your good cooking and quick snacks due to practice?

DONNA PARSONS — Our potential actress with a bubbling personality.

LINDA PEELER — "Good humour is one of the best articles of dress that one can wear in society."

BRENDA PETERS — We wonder why she gives her stuffed animals male names.

LINDA PHILLIPS — Student outside the door. "Surely she must be here under one of those ivy leaves!"

VIOLA POETKER — "Music washes away from the soul the dust of everyday life."

FAYE POLLOCK — Sweet and bubbling ... a petite 5' 1" who is just the right size on which to practice a first bed bath!

IRMGARD REDEKOPP — "There's nothing like fun is there? I don't have any myself but I like it in other people."

JANICE RIGAUX — Carries her linen like she carries her books. Does the slow crawl to class.

LYNN RILEY — This red-headed lass is very efficient in demonstrating the use of a bedpan!

ROSAMOND RIPPET — A quiet girl who has the answer to all questions.

SUZANNE RONCERAY — The girl with the impish smile and a cheerful word for everyone.

BONNIE ROSS — You see her with a smile, never with a curse, because she is determined to be a hard-working nurse.

MICHELLE RUTA — The one most likely to sleep through a six a.m. study period.

VELDA SAFRONETZ — St. Boniface's import from Roblin. Taking pulse will be her delight. While all the interns she will fight (?).

Instructor: Now what's the formula of water?

Probie: HIJKLMNO

Instructor: Now who told you that?

Probie: You did, you said the formula was H to O.

CLARA SCHERLOSKI — Perched up at the back of the room. This is one who delights in bedtime snacks.

ELIZABETH SCHROEDER — The shortest distance between two points is from the beginning of a weekend to the end of it.

GEORGINA SHAKESHAFT — Who needs a ladder to look in her mail box?

DIANNE SHERRITT — It's nice to be natural when you're naturally nice.

IRENE SITTER — What would "Sitter" do without music, especially the Kingston Trio?

MARILYN SOLUK — A petite miss hailing from Beausejour with dreamy eyes and a lurking wink. "Big Deat's" cousin.

MARION SOLUK — What a sense of humour!! Favorite saying "...It's no use....".

BONNIE STROMBERG — A medically minded miss who never hears the alarm clock.

BEVERLY THOMPSON — When you walk in the room you certainly know which side is Bev's.

ESTER TOEWS — Studies hard but still finds time to display her talents at the piano.

ALMA TURNER — A pert brunette who has a quick smile and a cheerful "hello" to all she meets. Also knows all there is to know about false teeth (Nursing Arts).

LOUISE VAN BENTHEM — "The innocent look is no disguise, For mischief lurks in both her eyes."

CAROLE VAN WALLENGHAM — Carole, who believes in the application of attained knowledge, can always be heard saying "Just think of all those micro-organisms!"

CAROLYNN WAUGH — A petite lass who is "pinned" to a St. Paul's College student and was St. Mary's College Freshie last year. Loves sports, curling, basketball, and volleyball.

ELIZABETH WEHRLE — A tall slim gal hailing from Selkirk, Man. Quiet and well liked.



I'm telling you guys — you're making a big mistake.

The Blue Bands

MAUREEN KILFOYLE — Tall, slim, rarely in a hurry, Gets good marks so don't worry.

LYLA KILLOH — I take it to be a principle of life not to be too much addicted to any one thing.

ELSIE KLASSEN — Always ready to give a helping hand, Enjoys humor to its greatest extent. Hobby: writing fiction.

BETTY KULICKI — "Look"; yawns this sleepy head, "You should have pulled me out of bed, and leaned me up against the wall instead of just that little call."

PATRICIA LANGHAM — You will never "find" time for anything. If you want time you must make it.

BEATRICE LENTOWICZ — "They conquer who believe they can."

MARILYN LOW — An attractive blonde with a wonderful sense of humor. Enjoys a passion for letterwriting, neatness, and the quiet life.

DONNA LYONS — A little nonsense now and then is relished by the wisest men.

PHYLLIS MARTIN — A regular pal, full of fun; not disliked by anyone.

MARGARET McEACHERN — She that was ever fair and never proud had a tongue at will yet was never loud.

ARLENE McRAE — Dark of hair and flashing eyes, that mischievous look she can't disguise.

BETH METCALF — She hurries not; she worries not; her calm is undisturbed.

LORRAINE MILLER — A combination of fun and wit, always willing to do her bit.

HEDY PETERS — The secret of happiness is not in doing what one likes, but in liking what one does.

LINDA PETERS — The best way to double your money is to fold it once and put it back in your pocket.

ELIZABETH PETRACEK — Do not delay, the golden moments fly.

MARILYN POLLOCK — Tact is the knack of making a point without making an enemy.

LYNNE PRINCE — Cute little miss always on the go, Has a yen for outdoor life and a certain David O. MRS. ERNA PUTNINS — A former medical student from Europe. Even though, she has a husband and four children to care for she attains top marks.

HELEN REMPEL — Yet all experience is an arch where-thro' Gleams that untravelled world, whose Margin fades forever and forever when I move.

GAIL ROSS — A quiet red-headed chick who lets few things bother her.

JOAN RUMAK — Studying, buying new clothes, catching the earliest bus, and checking the sports page for the latest news on the F.F. Bombers.

JOHANNA SAWATSKY — Give what you have; to someone it may be better than you dare to think.

MARIE SIMS — Quiet, quick — efficient in all she undertakes.

GAIL SMITH — Brown haired most talkative nurse of '64B. With prevailing force intent upon her destined course.

ELIZABETH SOKOLOSKI — A warm personality from The Pas whom with a smile, proclaims a friend in all she meets.

NANCY SPRIGGS — Pet peeve: being called Nancy Jane. Says: "It was just terrific."

ELAINE SZYMANSKI — Take the world as it is, Not as it ought to be.

BEVERLY THORNSTEINSON — Bev's our girl, a friend to all. Always cheerful — presently wondering When's that Larry going to call?

LUCIENNE VIGIER — Always helping those in need Her rich gifts which she possesses Are sure to bring her friends and successes.

LYNN WALKER — A thoughtful friend, kind and true.

EVELYN WARMAN — Always willing to do her part With a quiet manner and a generous heart.

LESIA WEL — Having read so much about the bad effects of smoking she decided to give up smoking.

Can you imagine:-

— Sister Bonin saying, "Of course you can stay out until three this morning."

— Dr. Haywood without Dr. Anderson and Dr. Anderson without Dr. Haywood.

— Mrs. De Jong with her cap crooked.

— Miss Stevenson not smiling.

— Dr. Bachinsky not saying "Yes, sir."

— Mrs. McNaught not going out of her way to help you.

— us as GRADUATES?

What is a Student Nurse ?

- Between the innocence of an entrance exam and the dignity of an R.N., there comes the delightful creature called the student nurse - S.N.!
- They come in assorted sizes, weights, and shapes, but they have the same creed - to enjoy every second of every hour of every day, off and on duty, and to protest with griping - their only weapon!
- A student nurse is truth with coffee on her uniform, beauty with gloves on her hand, wisdom with pabulum in her hair and the future with scissors in her pocket.
- A student nurse is a composite - she has the appetite of a horse, the digestion of an ulcer patient, the energy of an S.S. enema, the lungs of a switchboard operator, the sharpness of a scalpel, and when she gives an injection she has five thumbs on each hand.
- She likes food, vacations, extra passes, money from home, love stories, college men, doctors, the beach, being off duty and parties.
- She's not much for classes, hair nets, study hours, the metric system and exams.
- Nobody is so early to rise and so late to bed, nobody else can cram into one day - 3 enemas, 12 complete baths, 5 injections, 4 trips to Pharmacy, rounds with the doctor, 50 aspirins, 2 trips to Nursing Service, press her best dress, polish her shoes, stay up till 11:30 and still get along with her roommate.
- She is a freckle faced, long-legged, fun loving bundle of noise, but when she gets off duty with her aching feet and tired back, she drops into bed and tells you good-night with these famous last words: "Wake me up at six!"





Left to Right: Mrs. M. McKay, Mrs. L. Hammerback, Mrs. Cormier, Mrs. Turenne.

"Thank You"

It is impossible to convey with words our appreciation for your conscientious endeavours in helping to make Residence our home. The time and effort that you have so generously given in your duties can never be repaid.

Throughout our three years here you not only did what was required but unceasingly went out of your way to do those special little extras that really made us feel that we were at home.

The Student Body.



Front Row, Left to Right: Miss V. Carriere, Miss A. Peterson, Mrs. I. Comeault. Back Row: Mrs. I. Boelefhar, Mrs. E. Chester, Mrs. N. Susik, Mrs. V. Magill, Mrs. A. Christian, Mrs. J. Le Morvan, Mrs. M. Kaluznick.

Residence Report

This yearbook in the years to come will bring to us many pleasant memories of happy days in our residence. At times we have hung our heads in disgust when criticism and advice were given to us. It is only when we reflect to our mental diary that we can begin to realize that the sacrificial influence of our residence life will affect us forever.

Some of our projects for the 1962-63 term include dancing lessons, the honour system and revision of the Student Guide Book.

On behalf of all the students I wish to thank those who have devoted so much of their time and efforts into making our home happy: Sister Bonin, Sister Desbiens and Sister Fleury for all their guidance and understanding; the ladies at the switchboard for their kindness and co-operation and Miss Peterson for her sincere interest and everlasting patience.

As residence Chairman, I should like to express my sincere appreciation to the Committee members, Miss Erickson our Faculty advisor and Miss Nash, my predecessor and to the student body for your co-operation, endless energy and lasting loyalty.

Our best wishes extend to the incoming residence committee.

Doreen J. Smando,
Chairman, Residence Committee.

Social Report

The 1962 - 63 Social Year began in September when a "Probie Welcome Party" was held in the Sister's garden. Amid many strange faces the ninety-eight preclinical students were extended a warm welcome by the Sisters, Instructors and seniors. The weather was perfect and the excellent buffet supper prepared and provided by the Sisters added to the enjoyment of the evening. The classes of 1963B, '64A, and '64B provided the entertainment.

In November two social activities ensued. On the 28th the Annual Blue and Gold Banquet was held at which the "Little Sisters" honoured the "Big Sisters". This much anticipated event was greatly enjoyed by all. On November 20th a School Dance was held.

With December upon us we had a Christmas Party for all students in the Hospital Auditorium. The entertainment provided by each class was highly applauded and Santa Claus with his greetings and gifts made the evening completely successful.

Early in January our major activity was the Penny Carnival and Open House. Later in the month a party was held for the 1963A finishing class. Tobogganing was the key word here followed by refreshments and fun back at Residence.

In February the annual M.S.N.A. Valentine Formal was held at the Sildor Ballroom — and was well supported by St. Boniface Nurses.

A Diploma Tea was held for the finishing class in March and apart from Graduation with all its attendant festivities no other social events have been held.

A sincere thank-you to the Sisters for providing wonderful food at our get-togethers, and to the Sisters and Instructors for taking an avid interest in us and our activities. I would also like to thank all the students who helped and supported the social functions — and a special thank-you to the Social Committee for their help and co-operation in making our social year a successful one. In closing I would like to wish the incoming Social Committee the best of luck.

Myrna Kish,
Chairman, Social Committee.

Sodality of Our Blessed Lady

The Sodality of Our Lady is a religious association approved by the Holy See, it is both a spiritual and apostolic organization. The Sodality provides a way of life which will draw us closer to Christ and help us to achieve our final goal. "To Christ through Mary" is the Sodality Motto.

The four fold purpose of the Sodality is:—

- 1) devotion to the Blessed Virgin
- 2) to make ourselves as Christ-like as God intended
- 3) to help others become Christ-like
- 4) to spread our faith, defend the Church, be loyal to the hierarchy.

The Sodalist tries to achieve her goal by following the daily duties of the Sodality such as daily Mass, Communion, Rosary, mental prayer and performing apostolic work.

During the past year the Sodality has sponsored and organized monthly recollections teaching catechism, recitation of the Rosary each evening. In May and September fund-raising activities were undertaken to send delegates to conferences on the lay apostolate. At Christmas time the Sodality set up the Crib in the main Hospital lobby and sent a hamper to a poor family.

The twenty Sodalists and candidates would like to thank Father Barclay, their Director, and Sister Fleury, their Moderator, for their guidance and understanding during the past year.

Patricia Anderson,
Prefect.

Catholic Student Nurses Organization

C.S.N.O. is an organization for student nurses with the purpose of gaining a greater knowledge of the Catholic faith. At our meetings held twice every month, we have group and panel discussions, guest speakers and films on various topics.

We have projects, such as Penny Carnival, our annual fund-raising event which was held on the evening of open house, January 16th. On October 11th, a Living Rosary with our sixty bright candles was held on the hospital parking lot, during the evening. Prayers were said for the success of the Ecumenical Council.

The Advent Wreath was our Christmas project. Special prayers and hymns and the lighting of a new candle on the wreath every advent week helped us toward a more meaningful Christmas.

On October 31st we had a very special meeting; His Excellency Bishop De Roo spoke to us on the Ecumenical Council, and created much interest in this historical event.

Our sincere thanks to Father Barclay, our chaplain, Sister Fleury and Miss D. Weber, Mrs. Colson for their valuable guidance and interest in our undertakings.

Jeanne Grimard,
President.

The Retreat

"God has always rewarded his loved ones a hundredfold." To many of us, this reward came in the form of a closed retreat held in the Grey Nun's Provincial House, in the autumn of 1962.

A closed retreat is a time dedicated to prayer, meditation, and complete nearness to God. It is "getting away" from the world to give your spiritual needs all the time and thought they deserve.

This year, the Catholic Student Body was divided into three groups, with each group attending one of three retreats. Father Couture, Chancellor of the St. Boniface Archdiocese, Father Hickerson, a Marionist Priest in St. Boniface, and Father Marand, Pastor of Middle Church Parish capably conducted the retreats.

To them, and to the Sisters who were responsible for organizing the retreats, we offer our most sincere "thank you." For many of the students, this will be the last retreat they will ever attend. But to us all, it has enlightened and better prepared us for our journey through life.

Paulette Gauthier.

Nurses Christian Fellowship

N.C.F. is a branch of the Inter-Varsity Christian Fellowship, a student organization active in High Schools, Universities, Teacher's Colleges and Schools of Nursing. N.C.F. has been active in St. Boniface since 1951.

Our aim and motto is "To know Christ and to make Him known." N.C.F. endeavours to provide a closer and deeper relationship with Jesus Christ and through Him, draw strength needed in our daily lives.

Our weekly meetings include hymn singing, student-led Bible studies and missionary visits. We also have a weekly prayer meeting. Fellowship is also enjoyed through weekend camps, variety programmes and monthly "Firesides" with the Inter-Varsity group.

"Christ leadeth me: O blessed thought.
O heavenly words with comfort fraught.
What e'er I do, where e'er I be
Still 'tis God's Hand that leadeth me."

Knowing this, we should not be afraid to venture into the future.

Dolores Hall,
N.C.F. President.

M. S. N. A.



The M.S.N.A. Executive and their advisors.

The Manitoba Student Nurses' Association links the seven schools of nursing in the province. It has as its purpose the following objectives:-

- a) to promote interests of the Manitoba student nurses through unity
- b) to provide social contact and fellowship among the students of nursing in Manitoba
- c) to offer the opportunity for the Manitoba student nurses to realize the duties, rights and privileges of professional nurses
- d) to raise funds for provision of a bursary for students in need of assistance to complete their nursing education in the Diploma programme.

The annual Probie Party, held at Winnipeg General Hospital, Christmas carolling, skating parties and the annual Valentine Formal are but a few of the social events of the year.

The monthly meetings held at each respective member hospital are open to all members of the Association.

Maureen Herman
M.S.N.A. representative.

Sports Report

Our sports activities seemed to excel in softball this year. Several games against the Manitoba Home for Girls were enjoyed, although the main event was the M.S.N.A. Sports Day. On this occasion St. Boniface was placed second in the trophy competition.

I would like to thank the members of the Sports Committee and our advisor, Miss Graham, for their help and also, all those who participated and gave their support to our school.

Shirley Fisher
Chairman, Sports Committee.

Glee Club

For most people singing is a form of relaxing and enjoying oneself. In a school of nursing this gives the students a chance to get together and sing, and this then automatically means a choir. Those are two reasons why we set aside one hour a week for Glee Club practices. Our director, Mr. Kerr Wilson, well-liked by the students and well-known for his singing, then proceeds to try and prepare us for any occasion for which we have been asked to sing.

This year included singing at our own Christmas programmes and the recording of Christmas carols, which was then heard on Christmas Eve over one of our local radio stations. One of the most important occasions coming up and for which we are now practicing is Graduation.

We hope we have given you some insight into our Glee Club. For the past few years we have spoken with pride of our Glee Club and we hope that we will continue to do so in the years to come.

Bernice Borkowsky,
Chairman, Music Committee.



A section of the Glee Club with Mr. Kerr Wilson, the director.



D a n c i n g



A senior stood on the railroad
 track,
 The train was coming fast;
 The train got off the railroad track,
 To let the senior pass.

Two ants were running along at a
 great rate across a cracker box
 when one asked:
 "Why are we going so fast?"
 "Don't you see it says, "Tear along
 dotted line?" "





U d m e r d



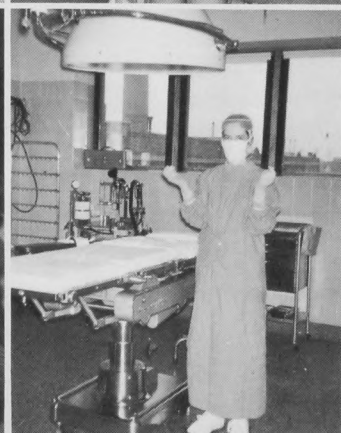
Those who think these jokes are
poor
Would straightway change their
views
Could they compare the jokes we
print
With those that we refuse!

Have you heard about the Little
Moron?

Who thought he was dying so he
went into the living room.

Who stayed up all night to study
for his Wasserman test.

Who took a streetcar home —
and his mother, also a moron,
made him take it back again.





Can You

Mother: "Now, Junior, be a good boy and say 'Aah' and let the doctor take his finger out of your mouth."



Imagine?





Remember



Daffynition:—
Caesarian section — a district in Rome.

When?



Last Will and Testament

We, the graduates of 1963, declared of sound mind and body, do hereby give our last will and testament this year nineteen hundred and sixty-three as follows:—

To Sister Superior, a sincere thank-you for all the charitable works of the Grey Nuns.

To Sister Bonin, our devoted Directress, restful nights and fewer problems.

To Father Messier, our beloved Chaplain, a larger thoracic cavity to hold your large heart.

To the Faculty, our earnest desire to see all future classes conducted like Retreats — lounge chairs and no questions asked.

To the Clinical Instructors, tremendous patience, understanding, and roller skates for they are always on the go.

To Mrs. Chase, we offer an old age pension.

To the Night Supervisor, a bell for obvious reasons.

To the Hospital Administration, a million dollar budget.

To the Cafeteria, we offer to sit on proper sides for coffee breaks.

To our telephone operators, a couple of aspirins and an ice-cap.

To the Laundry Room, we bequeath a moment for the torture it withstood due to our unfamiliarity with a complex mechanism popularly known as a washing machine.

To the Kitchenette, we donate a dishwasher and a dozen more knives.

To 5B, automatic bedpan carriers and more nurses with six arms.

To the Nursery, one night of complete silence.

To the Case-rooms, automatic contraction timers.

To 8A, waterproof uniforms for all nurses.

To the Diet Kitchen, one week free of all special diets.

To Emergency, double-decker beds to avoid congestion in the corridors.

To the Doctors, special nurses to calculate Intake and Outputs accurately.

To all nurses, three months vacation with pay.

To the Housemothers, geiger-counters to find all misplaced students after 11:00 p.m.

anchors for all float night nurses.

Care packages to all students at Selkirk.

We will our ability to cause pandemonium to any group that has the ability to develop it further,

To the Blue Bands — night nurse pallor, senior privileges and our ambition to graduate.

To the Cap Nurses — we leave you our love of study, of the classroom and night duty and faded name tapes on your bibs.

To All, we leave our determined will and ceaseless energy to persevere until the end.

Class of 1963.

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*“It would be interesting,
Members of the Graduating Class,
to cast your horoscopes . . .*

“YOU will be better women for the life which you have led here. But what I mean by ‘better women’ is that the eyes of your souls have been opened, the range of your sympathies has been widened, and your characters have been moulded by the events in which you have been participators during the past years.

“Practically there should be for each of you a busy, useful, and happy life; more you cannot expect; a greater blessing the world cannot bestow. Busy you will certainly be, as the demand is great, both in private and public, for women with your training. Useful your lives must be, as you will care for those who cannot care for themselves, and who need about them, in the day of tribulation, gentle hands and tender hearts. And happy lives shall be yours, because busy and useful; having been initiated into the great secret — that happiness lies in the absorption in some vocation which satisfies the soul; that we are here to add what we can *to*, not to get what we can *from*, life.”

Sir William Osler



With the best wishes of





It takes 5 years to
throw the switch!

To research, design, construct, equip and produce electrical power requires time - usually about five years. But time alone builds nothing but a past - it takes time plus men, machines and materials to build and create power projects. Manitoba Hydro is people; people on the move researching better resources and better methods to help all of Canada grow and prosper . . . through electricity.

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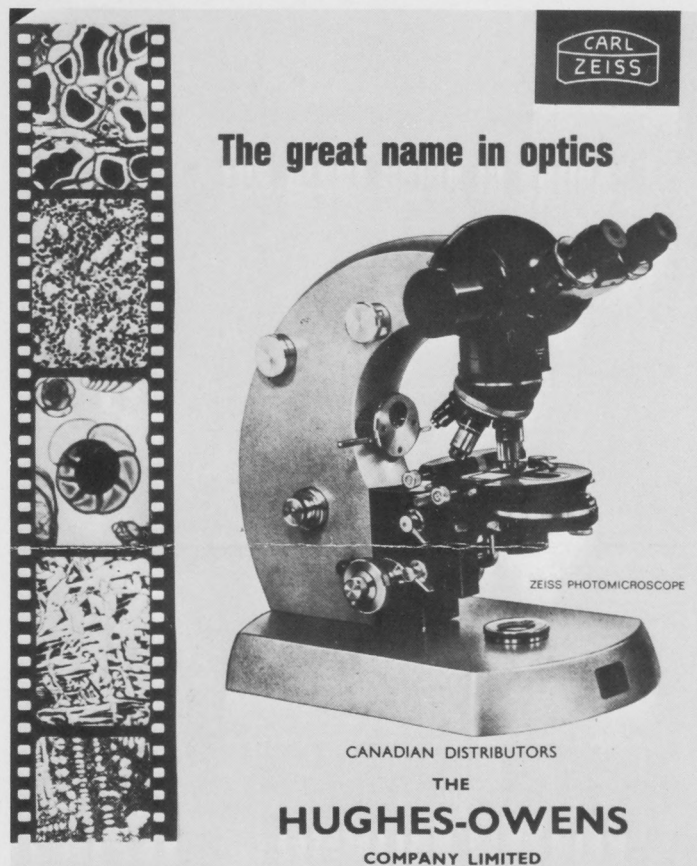
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